

Body Massage Therapies

Good for the spirit, mind & overall wellbeing.

All Massages **0.5hr – \$65.00**
1hr – \$97.00
1.5hr – \$134.00

Scalp or Foot Massage **0.5hr each – \$65.00**

There are many types of massages to choose from: Sports, Deep Tissue, Relaxation, to the gentle Swedish Massage. Your Therapist will discuss the most appropriate type & technique of massage for you. She will also discuss the most suitable combination of Aromatherapy oils to give a calming or uplifting effect to individually stimulate your nervous system & wellbeing.

Swedish Massage **1hr – \$97.00**

Depending on your requirements, this classic Swedish massage method smooths muscles using long strokes to reduce muscle tension & increase circulation, thus creating a totally peaceful state.

Aromatherapy/Relaxation Massage **1.5hrs – \$134.00**

A euphoric massage combining pure essential oils blended by your Therapist to meet your needs, relieving nervous tension, stress & toxicity. Introduces total relaxation & comfort through pressure point movements concentrating on nerve endings in the hands & feet.

Melting Moments Couples Massage **1.5hrs – \$256.00 per couple**



Experience our exclusive Lagoon Day Spa Suite where the two of you may leave the outside world behind. A joint experience, Therapists work with you & your partner simultaneously. Includes a one hour relaxing massage. Then enjoy your private & personal time with a sensational spa soak for two, with a cheese platter & champagne.

Top Massage **1hr – \$97.00**

Using Swedish technique including back exfoliation to rejuvenate dehydrated, tired skin. Treatment oils are removed with hot towels. This package is complemented with a back, neck & scalp massage using Aromatherapy oils.

Remedial, Deep Tissue & Sports Massage **1hr – \$97.00**

Using deep tissue movements to relieve muscular tension around targeted areas such as neck, shoulders or legs.

Hands & Feet Treatments

Spa Hand Therapy with Manicure **1hr – \$85.00**

An anti-ageing treatment for hands with dry, dehydrated skin & pigmented spots. A soothing hand bath followed by a gentle exfoliation treatment to eliminate dead cells. A hand massage with mango cream followed by paraffin wax treatment. This hand treatment is completed with a nail & cuticle treatment & optional polish.

Express Services

Manicure Express 0.5 hr – \$44.00
*with French Polish 0.75hr – \$54.00
Mini Facial 0.5hr – \$70.00
Express Pedicure 0.75hr – \$65.00
Re-Polish 0.25hr – \$22.00

Spa Foot Therapy with Pedicure **1hr – \$85.00**

Your feet will be immersed in refreshing & invigorating salts then sprayed with a cool spritz of antiseptic & exfoliated with an intense callous treatment to reveal baby soft skin. To complete the most luxurious foot treat the treatment continues with a nourishing massage of mango cream & paraffin wax dip. Finally, all of the above will be followed with nail & cuticle treatment & optional polish.



Facial Care Packages

All facials include foot or scalp massage.

Deep Cleansing **1hr – \$110.00**

A rebalancing treatment incorporating aromatic, pure essential oils in luxurious cleansing, exfoliating & rehydrating preparations which are infused into the skin with warm steam. Complementated with a relaxing facial massage to relieve tension, fluid retention & toxic accumulations.

Revival **1hr – \$125.00**

A transformation for the skin as natural concentrated ampoules that are selected according to your skin's requirements are gently massaged into the skin in a deeply relaxing treatment that imparts a visible glow. Your facial will conclude with a relaxing facial massage leaving you totally relaxed & energised.

Institute **1.5hrs – \$150.00**

Science & nature are united in these personally tailored treatments that provide remarkable results for skin that requires solutions for modern-day conditions such as premature ageing,, deep dehydration, roseate, pigmentation & asphyxiation. Your skin Therapist will select the most appropriate treatment from a range of intensive institute products. Results are lasting & immediate.

Executive Facial for Men **1hr – \$110.00**

A relaxing & deep pore-cleansing treatment featuring enzyme peeling, skin repair treatment & anti-stress facial massage. The treatment incorporates botanical leposomes to help prevent & soothe razor burn, sensitivity & folliculitis.

Professional Peel **\$75.00**

Professional Peel (included with facial) **\$55.00**

Little Miss Packages

Little Miss Precious **12 yrs & under – 1hr – \$80.00**

Looked after & pampered, Little Miss Precious will receive a manicure with polish, toe polish & a mini facial. The Therapist will discuss skin & nail techniques of management & care.

Teenage Mini **1hr – \$90.00**

A mini facial and mini pedicure for the young lady keen to experience the pampering & sound professional advice about skin & nail management & care.

Sensational Treatments

Ask your Therapist about our:

Oriental Head Massage **1hr – \$110.00**

Aromatic Hot Stone **1.5hr – \$150.00**

- All prices are GST inclusive
- Cancellation fee will not be applicable when notice of cancellation is given within reasonable time before scheduled appointment
- Late cancellation fee is 50% of booked service
- 15% surcharge applies to service on Public Holidays
- Prices subject to change without notice

Lagoon Day Spa

for resort guests and general public



For the Ultimate Body & Mind Vacation

Bookings 07 5450 9565 (or ext 9565)

Lagoon Day Spa is located over the water in the first Lagoon suite west of the resort pool. Talk to one of the girls (all qualified & experienced Therapists) & they will happily provide you with personalised, friendly advice about the following services:

- Spa Luxury Packages
- Body Treatments & Wraps
- Eye Care
- Massages
- Body Exfoliation
- Hydrotherapy
- Hand & Foot Treatments
- Teenage Facials
- Little Miss Precious Package
- Couples Package
- Facial Treatments
- Bridal Packages: Hair, Makeup & Atmosphere for your special day
- Waxing Services
- Specially tailored packages for conferences & group bookings
- Gift Vouchers
- Gymnasium
- Retail for hair & body
- All your hairdressing needs

On arrival for your scheduled treatment you will be welcomed by one of the Spa girls & led to your treatment room. If this is your first visit, your Therapist may ask a few health-related questions & discuss other issues to determine the most effective treatment for you.

Then the pampering begins!



Spa Hours: 9am - 7pm most days or variation by appointment

Gift Vouchers, Spa & Gym packages available

*There's a beautiful retreat from the world
at Novotel Twin Waters Resort...
...a place purely for pampering*

A holiday should be a time to recharge the batteries & there's no better way to do this than by whiling away some hours in the Day Spa.

*Welcome to
the Day Spa!*



For your information & help in booking or purchasing a Gift Voucher, our three most popular services are:

- Lagoon Waters Refresher
- Spa Foot Therapy with Pedicure
- Full Body Massage

Spa Luxury Packages

Lagoon Waters Refresher **2.5hrs – \$234.00**

Your package begins with a half hour tension-relieving massage to the back, neck, shoulders & scalp. You will then indulge in a one hour deep cleanse facial to rehydrate, rebalance & restore your skin. While your mask is working your lashes will be tinted. Your Refresher package concludes with a Spa Hand Treatment with Manicure or Spa Foot Treatment with Pedicure, leaving your whole body relaxed, brighter & baby soft.

Lagoon Dreaming **2.5hrs – \$300.00**

Your package begins with an all over the body exfoliation with a coconut sugar rub & drenched with tension-relieving coconut oils until your skin glows. Your body will be covered in nutritious Dead Sea Mud to soothe aches & pains, then cocooned in warm blankets to infuse. After the Mud is removed, your treatment is finished off with an application of soothing body milk followed by a Revival Facial leaving you energised from head to toe.

Spa Exotica **1.5hrs – \$234.00 per couple**

Him & Her Package. Especially designed for you & your partner. It may not be your honeymoon, but you are on holidays – enjoy the romantic resort setting & the romance of having time-out. This package begins with a full body massage for each of you & concludes with a warm aromatic spa bath together where you may both enjoy a glass of bubbly.

Hawaiian Body Indulgence Package **2hrs – \$214.00**

Body exfoliation with pure Fiji coconut scrub & aromatic oils. Bodywrap (yoghurt/honey/passionfruit) includes a scalp massage & spa soak in coconut milk with mango moisturiser applied.

Lagoon Laze **5.5hrs (inc. lunch) – \$530.00**

Your ultimate vacation from stress!

- Deep Cleanse Facial
- Coconut Sugar Rub
- Luxurious Mud Wrap
- Spa Soak & Scalp Massage
- Spa Pedicure & Manicure overlooking the Lagoon
- Half hour Back, Neck & Shoulder Massage.

Lagoon Executive Stress Buster **2.5hrs – \$236.00**

This package is designed for the busy person. You will emerge feeling great, without tension or fatigue & with renewed vigor & feeling on top of the world. This package begins with a one hour facial to deep cleanse, refine & soothe. A full hour massage will follow using tension relief oil to relieve muscular aches & pains. The package is completed with a 30 min manicure or pedicure.

Sensational Spa Soak **0.5hr – \$55.00**

In a personalised blend of bath oils. A great escape from others to enjoy the serenity & tranquility of the moment.

Body Exfoliation

Sunless Golden Tan **1hr – \$102.00**

Sun damage to the skin is eliminated. This is a two treatment process, the first treatment being the Body Polish. Then the Therapist applies a flawless application of conditioning self-tanning cream that leaves you looking holiday-tanned without the sun damage.

Coconut Sugar Rub **0.5hrs – \$75.00**

Therapeutic sugar drenched in coconut oils are selected according to your current mood & gently massaged into your body as you breathe in beautiful aromas. Your skin will glow & feel baby soft. This treatment will be recommended by your Therapist for certain skin types prior to a Body Wrap.

Wraps

Body Wrap **1hr – \$130.00**

Experience a profound sense of wellbeing. Mud & algae wraps are designed to detoxify, cleanse & smooth the skin. Wraps will benefit Arthritis, Psoriasis & Dermatitis as well as increase circulation to tired legs, reduce water retention & pressure on varicose & spider veins.

You will be painted all over with warm mud, then cocooned in foil & heat blankets. A gentle Scalp Massage will be performed while the treatment infuses. Your body is then drenched in hydrating moisture lotion for smoother, cleaner skin.

Coconut Sugar Rub \$65.00 with Body Wrap

Eye Care

Intensive Eye Treatment **0.5hr – \$64.00**

An intensive treatment utilising 100% freeze-dried collagen & elastin to firm, contour & soften fine lines.

A course of treatments is recommended for optimal results.

Eye Treatment with any Facial	\$45.00
Lash Tint/Brow Tint/Brow Tidy each	\$22.00

Waxing Services

Bikini	from \$27.00
Upper Lip	\$14.00
Chin	\$14.00
Half Leg	\$38.00
Underarm	\$16.00
Full Leg Ladies	from \$50.00
Back	from \$45.00
Brow & Shape	\$18.00
Chest	from \$45.00
Brazilian	from \$60.00
Men's Full Leg	from \$75.00

Bridal Wedding Package

*This is the day you have been waiting for!
Sit back, let out a sigh @ let yourself
be pampered...*

Bride & Bridesmaids – it is recommended that trial hair & treatment sessions are had prior to the big day.

Trial/Practice Makeup & Hair \$85.00

The Big Day Bride Bliss

Massage (Relaxing or Aromatherapy), Makeup, Manicure & Pedicure express, Hair Wash & Blow Dry/Hair up.

Short Hair	\$310.00
Long Hair	from \$354.00



Bridesmaid Bliss

Manicure express, Makeup, Hair Wash & Blow Dry/Hair up.

Short Hair	\$145.00
Long Hair	from \$172.00

Bridal Makeup **\$70.00**

Makeup **\$59.00**

Hair Services

Hairdressers available for Weddings, Gala Balls, Conference Dinners & parties. Advance booking required.

